

SARASOTA SUNCOAST ACADEMY  
**CHEERLEADING TRYOUTS**  
**2023-2024**

Cheerleading application packets will be available on campus in the middle school office or by visiting the Athletic Director, Michelle Hill.

The cheerleading packet **MUST** be completed and received on the first day of tryout practice **Tuesday, September 5<sup>th</sup>**. Packets can also be turned in on-campus to the middle school office or to Athletic Director, Michelle Hill. Attn: Coach Grados, SSA Cheerleading.

ALL athletes **MUST** have a current sports physical on file to participate in tryouts.

**MAKE SURE YOU HAVE COMPLETED AND RETURNED THE  
FOLLOWING:**

- \_\_\_\_\_ 1. Tryout application (class schedule, teachers, etc..)
- \_\_\_\_\_ 2. Cheerleading Questionnaire
- \_\_\_\_\_ 3. Tryout Contract (**signed** by parent **and** participant)
- \_\_\_\_\_ 4. SSA athletic packet (includes physical exam form)
- \_\_\_\_\_ 5. Attach a copy of your most recent report card

# About SSA Cheer

Sarasota Suncoast Academy Cheerleading is a SIDELINE CHEER team. We are NOT a competitive cheer team. Our job is to support the athletic programs at our school, promote school spirit and to be leaders amongst our peers on and off the field.

This is a school year commitment as we cheer for both basketball and flag football seasons. Practices run the entire school year (Fall-Spring). It is imperative that squad members attend **ALL** scheduled practices. Practices have previously been Tues/Thurs afternoons 3:30-4:30pm. Cheerleading is based on synchronization in our routines, cheers/chants and stunts. It is impossible to practice and improve our skills as a **team** when practice is missed. For this reason, if you know of a direct conflict with SSA cheer, please sort that out before considering trying out for cheer. If you play another sport that directly conflicts with cheer, we are asking you to choose and focus on the one you plan to pursue in high school.

## Tryout Procedure

Students interested in trying out for cheer must attend the 3 tryout days – September 5-7. September 5-6 are practice days and candidates will officially try-out on Thursday, September 7<sup>th</sup>. Scoring takes place all week long.

Scoring as follows:

25% of total score come from the coach based on effort, attitude, attendance and ability.

25% comes from teacher recommendations/CARES reports from the classroom.

50% from outside judges the day of the tryout.

Scores are totaled and the squad is made up of those candidates who are above the natural break in scores.

The team roster will be posted on Friday, September 8<sup>th</sup>.

First practice is Tuesday, September 12<sup>th</sup> after school.

# SARASOTA SUNCOAST ACADEMY

## *Cheerleading Tryout Application*

\_\_\_\_\_  
Last Name

\_\_\_\_\_  
First Name

\_\_\_\_\_  
Grade

List your **current** class schedule:

Course Name	Teacher	Room #
AD	ADVISORY	
Pd1		
Pd2		
Pd3		
Pd4		
Pd5		
Pd6		

**DO NOT COMPLETE THIS SECTION**  
**For Coaches Use Only**

**Current GPA:** \_\_\_\_\_

**School Attendance:** \_\_\_\_\_

SARASOTA SUNCOAST ACADEMY  
*Cheerleading Questionnaire*

Name: \_\_\_\_\_

Grade: \_\_\_\_\_

1. Why do you want to be an SSA Cheerleader?
  
  
  
  
  
  
  
  
  
  
2. What do you think is the major responsibility of being an SSA Cheerleader?
  
  
  
  
  
  
  
  
  
  
3. What strengths will you bring to the team?
  
  
  
  
  
  
  
  
  
  
4. List 3 adjectives that describe yourself:
  
  
  
  
  
  
  
  
  
  
5. List ALL activities that you plan on participating in during the 2023-24 school year. Include all extracurricular activities on and off campus:

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## *Cheerleading Tryout Contract*

I, \_\_\_\_\_, agree to adhere to all the guidelines which have been set forth for the Sarasota Suncoast Academy Cheerleading Tryouts. I understand that tryouts are **closed** to parents/guardians. I understand that all scores and evaluations are **confidential** and that the decision of the coaches and judges is **final**.

\_\_\_\_\_  
Participant's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian signature

\_\_\_\_\_  
Date

### **For Coaches Use:**

Document Received: \_\_\_\_\_

Date: \_\_\_\_\_