

SARASOTA SUNCOAST ACADEMY MIDDLE GRADES

8084 Hawkins Rd.

Sarasota, FL 34241

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www.suncoastacademy.org

Flag Football



Dear Suncoast Parents,

Flag football season will begin in September, 2021. We are excited to have Coach O'Daniel and Coach Kamlade returning to coach the team this season. **Tryouts will take place on Wednesday, September 1st and Thursday, September 2nd on campus 3:15 to 5:15.** Students should bring athletic clothing for tryouts. After school, students can change clothes in the office and meet under the tent by 3:15. See the attached practice and game calendar.

Please note that there is a \$50 participation fee to help offset costs for the sport (only required for students who make the team). Parents will be responsible for all transportation to and from practices and games. We do encourage carpooling and that can be worked out between parents and the coaches.

Please carefully review all the information in this packet and have all forms completed and turned into your advisory teacher or Mr. Kamlade **no later than Thursday, August 26th**. **All forms must be completed and turned in before students will be allowed to participate in tryouts.** Please note, a doctor must complete the "Pre-Participation Physical Evaluation" form included in this packet (no other form will be accepted). Urgent care centers will usually perform the athletic physical for about \$40. **If you have already completed the "Pre-Participation Physical Evaluation" form for a previous sport at Suncoast, the physical is good for 365 days.**

Included in this packet:

- Flag football game schedule
- Flag Football game calendar
- Suncoast Athletic Policies
- 2021-2022 Middle School Athletic Packet

Sincerely,

Justin Kamlade
Suncoast Academy Athletic Director
justin.kamlade@suncoastacademy.org



2024 Suncoast Academy Flag Football Schedule

Date	Opponent	Host	Time
Jan. 30	Sky Venice	Sky Venice	4:00 pm
Feb. 1	Sky Englewood	SSA	4:00 pm
Feb. 8	SLA	SLA	4:00 pm
Feb. 13	SSAS	SSA	4:00 pm
Feb. 15	RMA	RMA	4:00 pm
Feb. 22	SMAP	SSA	4:00 pm
Feb. 29	FSCL Championship		4:00 pm

***Indicates exhibition game**

****Suncoast hosts games at TBD**

School abbreviations and game locations:

TCA – The Classical Academy (8751 Fruitville Rd, Sarasota FL)

SKY V - Venice SKY Academy 705 Center Rd. Venice FL 34285

RMA – Rowlette Middle Academy – Police Athletic League (202 13th Ave E, Bradenton, FL 34208)

SSAS – Sarasota School for Arts and Sciences 717 Central Avenue Sarasota FL 34236

ODA – Out of Door Academy (5950 Deer Dr., Sarasota, FL)

SMAP – Sarasota Military Academy Prep – 3101 Bethel Ln., Sarasota, FL 34240)

SCS – Sarasota Christian School (5415 Bahia Vista Sarasota, FL 34232)

Sky E – Sky Englewood (871 S River Rd, Englewood, FL)

SLA – Student Leadership Academy – Venice Christian (1200 Center Rd. Venice, FL 34292)

January

2024

Suncoast Academy Flag Football

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9 Tryouts 3:30 pm-5:00 pm	10 Tryouts 3:30 pm-5:00 pm	11 Tryouts 3:30 pm-5:00 pm	12 Team Posted Practice 3:30 pm - 5:00 pm	13
14	15 Practice 3:30 pm - 5:00 pm	16 Practice 3:30 pm - 5:00 pm	17 Practice 3:30 pm - 5:00 pm	18 Practice 3:30 pm - 5:00 pm	19 Practice 3:30 pm - 5:00 pm	20
21	22 Practice 3:30 pm - 5:00 pm	23 Practice 3:30 pm - 5:00 pm	24 Practice 3:30 pm - 5:00 pm	25 Practice 3:30 pm - 5:00 pm	26 Practice 3:30 pm - 5:00 pm	27
28	29 Practice 3:30 pm - 5:00 pm	30 SSA Vs. Sky Venice AWAY	31 Practice 3:30 pm - 5:00 pm			

February

2024

Suncoast Academy Flag Football

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 SSA Vs. Sky Englewood (Home)	2 Practice 3:30 pm - 5:00 pm	3
4	5 Practice 3:30 pm - 5:00 pm	6 Practice 3:30 pm - 5:00 pm	7 Practice 3:30 pm - 5:00 pm	8 SSA Vs. SLA (Away)	9 Practice 3:30 pm - 5:00 pm	10
11	12 Practice 3:30 pm - 5:00 pm	13 SSA Vs. SSAS (Home)	14 Practice 3:30 pm - 5:00 pm	15 SSA Vs. RMA (Away)	16 Practice 3:30 pm - 5:00 pm	17
18	19 Practice 3:30 pm - 5:00 pm	20 Practice 3:30 pm - 5:00 pm	21 Practice 3:30 pm - 5:00 pm	22 SSA Vs. SMAP (Home)	23 Practice 3:30 pm - 5:00 pm	24
25	26 Practice 3:30 pm - 5:00 pm	27	28	29 FSCL Championship		

****Calendar events subject to change****