



## **Suncoast Academy Middle School Athletic Department Policies**

**At Suncoast Academy, our goals for student-athletes align with the CARES of our school ( Cooperation, Assertion, Responsibility, Empathy, and Self-Control). We believe student participation in school athletics has a positive impact on a student's view of themselves and their school. As an extension of the school day, student-athletes are a reflection of their school, and their behaviors during practice and competitions are expected to reflect CARES.**

### **Objectives for Student Athletes:**

- Recognize that each individual has a unique set of skills and provide opportunities for maximum participation for all students.
- Develop individual and team skills necessary to compete successfully.
- Grow strong school/team spirit.
- Learn and reflect on the characteristics of good sportsmanship.
- Apply CARES within sports programs.
- Understand body growth and development and learn healthy living habits.

**The Suncoast Academy Athletic Department recognizes the vital role that coaches, parents, and students all play in the healthy development of a student-athlete and the success of an athletic program. The athletic director has been assigned by the principal to administer the athletic program. Head coaches report to the athletic director and are charged with responsibility for the student-athletes involved in their program. The coach is also responsible for communicating relevant information to parents throughout the season. Student-athletes represent our school and are, therefore, held to a high standard of conduct at all school events.**

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_ Advisor: \_\_\_\_\_

### Athletic Discipline / Eligibility Policy

- **Academics** - Student-athletes **MUST** maintain a GPA of 2.0. Failure to maintain this standard will result in that player missing games until the minimum GPA is achieved. The player will be able to practice and stay on the team, but will not be able to participate in the game(s).
- **Outstanding Monies Due to SSA**- Any student who owes money to the cafeteria, After Care, or has not returned library books or uniforms from other sports will not be allowed to try out.
- **Cost**- Each participating student-athlete will contribute 75.00 to defray the costs of uniforms, coaches, equipment, and other associated expenses. Check should be made payable to Suncoast Academy and turned in to Michelle Hill.
- **Absence from School**- The student-athlete may not participate in practice or a contest on a day that they are absent from school unless excused by an administrator.
- **School Conduct**- Students must comply with all of SSA Middle's behavioral and attendance expectations. Athletic events may be forfeited due to misconduct during the school day.
- **Disciplinary Action**- Disciplinary action by an administrator may result in the following penalties:
  - 1st- Incident as directed by administrator = 1 game suspension
  - 2nd- Incident as directed by administrator = 1 week suspension
  - 3rd- Incident as directed by administrator = removal from the team (possibly from all sports for the year)
- **Language**- Profanity will not be tolerated. Violation of this rule will be referred to the administration.
- **Appearance**- Students involved in interscholastic athletics are required to follow the school's guidelines for proper appearance as well as any additional requirements from the coach. Students who are not properly attired will not be allowed to participate.
- **Practice**- Athletes are expected to attend all practices. Athletes must be excused in advance by the coach for any practices missed. **Injured athletes who can attend practices and games will be expected to do so.**
- **Missing a contest**- If a student has to miss any game or contest, the coach must be notified at least 1 week in advance. If the absence is excused, no penalty will follow.
- **Quitting without notifying the Coach**- Suspension from all athletics for the remainder of the current season and next sports season.
- **Transportation**- Parents will be responsible for transportation to and from all athletic events and practices. Any carpool arrangements must be made by parents in advance and the school must have written permission for students to be driven by anyone other than their parent or guardian.
- **Playing Time**- No player is guaranteed an equal amount of playing time in each game and may not be chosen to play in a game. If you do not get playing time in a game it is important to maintain a positive attitude during that game and in practices.

I AGREE WITH THE ABOVE STATEMENTS AND WILL UPHOLD THE SARASOTA SUNCOAST ACADEMY MIDDLE SCHOOL ATHLETIC POLICIES.

\_\_\_\_\_  
Athlete Signature (Date)

\_\_\_\_\_  
Parent Signature (Date)

THE SCHOOL BOARD OF SARASOTA COUNTY, FLORIDA  
1960 LANDINGS BOULEVARD, SARASOTA, FL 34231  
PHONE (941) 927-9000

**MIDDLE SCHOOL STUDENT ATHLETIC PACKET CHECKLIST**

**Instructions:** The Sarasota County School District Athletic Program must comply with rules, policies, and procedures, set by The School Board of Sarasota County, Florida. Before participating in athletics, this entire packet must be completed and returned to the Head Coach of your athletic sport/Athletic Director's Office. No student is allowed to participate unless all of the necessary information is complete and required signatures are obtained. This packet will be filed in the Athletic Director's office. A new packet must be completed every year.

Student Legal Name (Print) \_\_\_\_\_ Student No. \_\_\_\_\_ DOB \_\_\_\_\_  
Last First Middle

2023-2024 School Name \_\_\_\_\_ Grade \_\_\_\_\_ Sex  Male  Female  
(where student takes academic classes)

School student will be participating in sports \_\_\_\_\_ Are you a school choice student?  Yes  No

Are you a Home Education student?  Yes  No

Home Education students must contact the middle school Athletic Director 3 weeks prior to the start of season.

Check the season that you want to participate in:  Fall  Winter  Spring

**Initial box to indicate completion. All forms require both student and parent/guardian signatures. Specified forms require signatures be notarized.**

**Pre-Participation Physical Evaluation for Middle School Students (066-14-DIS)**  
Page 1 must be signed and dated by the student and the parent/guardian. Page 2 is completed, signed, and dated by the physician. The physical is valid for 365 days from the date of the physician's evaluation. As an alternative, the Florida Department of Health School Entry Health Exam Form (DH3040-CHP-07/2013) may also be used.

**Parent/Guardian Release and Hold Harmless Agreement for Middle School Student Athletic Participation (027-01-DIS)**  
Signatures of student and parent/guardian must be notarized.

**Current insurance carrier information** (name of insurance company and policy number) must be included on the above two forms. Insurance is required to try out and participate. If the student athlete is not covered under a family plan, insurance can be purchased online at [www.schoolinsuranceofflorida.com](http://www.schoolinsuranceofflorida.com). **A copy of the insurance card must be submitted with this packet.**

**Middle School Students Consent and Release from Liability Certificate for Concussion and Heat Related Illness (067-14-DIS)**

**Acknowledgement of Standards for Participation in Middle School Athletic Activities (068-14-DIS)**

**Authorization to Release Medical Information for Athletics (062-14-DIS)**

**Emergency Medical/Treatment Consent for Field Trips and/or Other After School Activities (063-96-DIS).** Include doctor name and contact information on form.

~~**Player Pledge (088-21-DIS)**~~

~~**Parent Pledge (089-21-DIS)**~~

Student Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian Name (Print) \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

**OFFICE USE ONLY**

Physical Date \_\_\_\_\_ Insurance  School  Personal GPA \_\_\_\_\_

School  Home  Oak Park  PV  SMA Other \_\_\_\_\_

**PRE-PARTICIPATION PHYSICAL EVALUATION FOR MIDDLE SCHOOL STUDENTS**

**Instructions:** This completed form must be kept on file by the school. This form is valid for 365 calendar days from the date of the evaluation as written on page 2. This form is non-transferable; a change of schools during the validity period of this form will require page 1 of this form to be re-submitted.

**Part 1. Student Information (to be completed by student or parent).**

Student Name (Print) \_\_\_\_\_ Sex \_\_\_\_\_ Age \_\_\_\_\_ Student No \_\_\_\_\_ DOB \_\_\_\_\_  
 School \_\_\_\_\_ Grade \_\_\_\_\_ Sport(s) \_\_\_\_\_  
 Home Address \_\_\_\_\_ Home Phone \_\_\_\_\_  
 Parent/Guardian Name (Print) \_\_\_\_\_ E-mail \_\_\_\_\_  
 Person to Contact in Case of Emergency \_\_\_\_\_ Relationship to Student \_\_\_\_\_  
 Home Phone \_\_\_\_\_ Work \_\_\_\_\_ Cell \_\_\_\_\_  
 Personal/Family Physician Name (Print) \_\_\_\_\_ Office Phone \_\_\_\_\_

**Part 2. Medical History (to be completed by student or parent). Explain "yes" answers below. Circle questions you don't know answers to.**

	Yes	No		Yes	No
1. Have you had a medical illness or injury since your last check up or sports physical?	___	___	26. Have you ever become ill from exercising in the heat?	___	___
2. Do you have an ongoing chronic illness?	___	___	27. Do you cough, wheeze or have trouble breathing during or after activity?	___	___
3. Have you ever been hospitalized overnight?	___	___	28. Do you have asthma?	___	___
4. Have you ever had surgery?	___	___	29. Do you have seasonal allergies that require medical treatment?	___	___
5. Are you currently taking any prescription or non-prescription (over-the-counter) medications or pills or using an inhaler?	___	___	30. Do you use any special protective or corrective equipment or medical devices that aren't usually used for your sport or position (for example, knee brace, special neck roll, foot orthotics, shunt, retainer on your teeth or hearing aid)?	___	___
6. Have you ever taken any supplements or vitamins to help you gain or lose weight or improve your performance?	___	___	31. Have you had any problems with your eyes or vision?	___	___
7. Do you have any allergies (for example, pollen, latex, medicine, food or stinging insects)?	___	___	32. Do you wear glasses, contacts or protective eyewear?	___	___
8. Have you ever had a rash or hives develop during or after exercise?	___	___	33. Have you ever had a sprain, strain or swelling after injury?	___	___
9. Have you ever passed out during or after exercise?	___	___	34. Have you broken or fractured any bones or dislocated any joints?	___	___
10. Have you ever been dizzy during or after exercise?	___	___	35. Have you had any other problems with pain or swelling in muscles, tendons, bones or joints? If yes, check appropriate blank and explain below:	___	___
11. Have you ever had chest pain during or after exercise?	___	___	___ Head      ___ Elbow      ___ Hip		
12. Do you get tired more quickly than your friends do during exercise?	___	___	___ Neck      ___ Forearm      ___ Thigh		
13. Have you ever had racing of your heart or skipped heartbeats?	___	___	___ Back      ___ Wrist      ___ Knee		
14. Have you had high blood pressure or high cholesterol?	___	___	___ Chest      ___ Hand      ___ Shin/Calf		
15. Have you ever been told you have a heart murmur?	___	___	___ Shoulder      ___ Finger      ___ Ankle		
16. Has any family member or relative died of heart problems or sudden death before age 50?	___	___	___ Upper Arm      ___ Foot		
17. Have you had a severe viral infection (for example, myocarditis or mononucleosis) within the last month?	___	___	36. Do you want to weigh more or less than you do now?	___	___
18. Has a physician ever denied or restricted your participation in sports for any heart problems?	___	___	37. Do you lose weight regularly to meet weight requirements for your sport?	___	___
19. Do you have any current skin problems (for example, itching, rashes, acne, warts, fungus, blisters or pressure sores)?	___	___	38. Do you feel stressed out?	___	___
20. Have you ever had a head injury or concussion?	___	___	39. Have you ever been diagnosed with sickle cell anemia?	___	___
21. Have you ever been knocked out, become unconscious or lost your memory?	___	___	40. Have you ever been diagnosed with having the sickle cell trait?	___	___
22. Have you ever had a seizure?	___	___	41. Record the dates of your most recent immunizations (shots) for:		
23. Do you have frequent or severe headaches?	___	___	Tetanus _____ Measles _____		
24. Have you ever had numbness or tingling in your arms, hands, legs or feet?	___	___	Hepatitis B _____ Chickenpox _____		
25. Have you ever had a stinger, burner or pinched nerve?	___	___	<b>FEMALES ONLY (optional)</b>		
			42. When was your first menstrual period?		
			43. When was your most recent menstrual period?		
			44. How much time do you usually have from the start of one period to the start of another?		
			45. How many periods have you had in the last year?		
			46. What was the longest time between periods in the last year?		

Explain "Yes" answers here.

\_\_\_\_\_

We hereby state, to the best of our knowledge, that our answers to the above questions are complete and correct. In addition to the routine medical evaluation required by s.1006.20, Florida Statutes, we understand and acknowledge that we are hereby advised that the student should undergo a cardiovascular assessment, which may include such diagnostic tests as electrocardiogram (EKG), echocardiogram (ECG) and/or cardio stress test.

Student Signature _____	Date _____	Parent/Guardian Signature _____	Date _____
RET: Master, 7SY, GS7 172		066-14-DIS Rev. 5-9-2022 Page 1 of 3	

**PRE-PARTICIPATION PHYSICAL EVALUATION FOR MIDDLE SCHOOL STUDENTS**

**Part 3. Physical Examination (to be completed by licensed physician, licensed osteopathic physician, licensed chiropractic physician, licensed physician assistant or certified advanced registered nurse practitioner).**

Student Name (Print) \_\_\_\_\_ DOB \_\_\_\_\_

Height \_\_\_\_\_ Weight \_\_\_\_\_ % of Body Fat (Optional) \_\_\_\_\_ Pulse \_\_\_\_\_ Blood Pressure \_\_\_\_\_

Temperature \_\_\_\_\_ Hearing Right P \_\_\_\_\_ F \_\_\_\_\_ Left P \_\_\_\_\_ F \_\_\_\_\_

Visual Acuity Right 20/ \_\_\_\_\_ Left 20/ \_\_\_\_\_ Corrected  Yes  No Pupils Equal \_\_\_\_\_ Unequal \_\_\_\_\_

FINDINGS	NORMAL	ABNORMAL FINDINGS	INITIALS*
<b>MEDICAL</b>			
1. Appearance			
2. Eyes/Ears/Nose/Throat			
3. Lymph Nodes			
4. Heart			
5. Pulses			
6. Lungs			
7. Abdomen			
8. Genitalia (males only)			
9. Skin			
<b>MUSCULOSKELETAL</b>			
10. Neck			
11. Back			
12. Shoulder/Arm			
13. Elbow/Forearm			
14. Wrist/Hand			
15. Hip/Thigh			
16. Knee			
17. Leg/Ankle			
18. Foot			

\*station based examination only

**ASSESSMENT OF EXAMINING PHYSICIAN/ASSISTANT/NURSE PRACTITIONER**

I hereby certify that each examination listed above was performed by myself or an individual under my direct supervision with the following conclusions(s).

Cleared without limitation

Disability \_\_\_\_\_ Diagnosis \_\_\_\_\_

Precautions \_\_\_\_\_

Not Cleared For \_\_\_\_\_ Reason \_\_\_\_\_

Cleared after completing evaluation/rehabilitation for \_\_\_\_\_

Referred to \_\_\_\_\_ For \_\_\_\_\_

Recommendations \_\_\_\_\_

Physician Stamp (Below)

Physician/Assistant/Nurse Practitioner Name (Print) \_\_\_\_\_

Address \_\_\_\_\_  
 Street \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Physician/Assistant/Nurse Practitioner Signature \_\_\_\_\_ Date \_\_\_\_\_

**PRE-PARTICIPATION PHYSICAL EVALUATION FOR MIDDLE SCHOOL STUDENTS**

**ASSESSMENT OF PHYSICIAN TO WHOM REFERRED (IF APPLICABLE)**

Student Name (Print) \_\_\_\_\_ DOB \_\_\_\_\_

I hereby certify that each examination(s) for which referred was/were performed by myself or an individual under my direct supervision with the following conclusion(s).

Cleared without limitation

Disability \_\_\_\_\_ Diagnosis \_\_\_\_\_

Precautions \_\_\_\_\_

Not Cleared For \_\_\_\_\_ Reason \_\_\_\_\_

Cleared after completing evaluation/rehabilitation for \_\_\_\_\_

Recommendations \_\_\_\_\_

\_\_\_\_\_  
Physician Name (Print)

Physician Stamp (Below)

Address \_\_\_\_\_  
Street City State Zip

\_\_\_\_\_  
Physician Signature Date

Based on recommendations developed by the American Academy of Family Physicians, American Academy of Pediatrics, American Medical Society for Sports Medicine, American Orthopedic Society for Sports Medicine and American Osteopathic Academy for Sports Medicine.

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(941) 927-9000

**MIDDLE SCHOOL STUDENTS CONSENT AND RELEASE FROM LIABILITY CERTIFICATE  
FOR CONCUSSION AND HEAT-RELATED ILLNESS**

**Instructions:** This completed form must be kept on file by the school. This form is valid for 365 calendar days from the date of the most recent signature.

**What is a concussion?**

Concussion is a brain injury. Concussions, as well as all other head injuries, are serious. They can be caused by a bump, a twist of the head, sudden deceleration or acceleration, a blow or jolt to the head, or by a blow to another part of the body with force transmitted to the head. You can't see a concussion, and more than 90% of all concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. All concussions are potentially serious and, if not managed properly, may result in complications including brain damage and, in rare cases, even death. Even a "ding" or a bump on the head can be serious. If your child reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, your child should be immediately removed from play, evaluated by a medical professional and cleared by a medical doctor.

**What are the signs and symptoms of concussion?**

Concussion symptoms may appear immediately after the injury or can take several days to appear. Studies have shown that it takes on average 10-14 days or longer for symptoms to resolve and, in rare cases or if the athlete has sustained multiple concussions, the symptoms can be prolonged. Signs and symptoms of concussion can include: (not all-inclusive)

- Vacant stare or seeing stars
- Lack of awareness of surroundings
- Emotions out of proportion to circumstances (inappropriate crying or anger)
- Headache or persistent headache, nausea, vomiting
- Altered vision
- Sensitivity to light or noise
- Delayed verbal and motor responses
- Disorientation, slurred or incoherent speech
- Dizziness, including light-headedness, vertigo (spinning) or loss of equilibrium (being off balance or swimming sensation)
- Decreased coordination, reaction time
- Confusion and inability to focus attention
- Memory loss
- Sudden change in academic performance or drop in grades
- Irritability, depression, anxiety, sleep disturbances, easy fatigability
- In rare cases, loss of consciousness

**What can happen if my child keeps on playing with a concussion or returns too soon?**

Athletes with signs and symptoms of concussion should be removed from activity (play or practice) immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to sustaining another concussion. Athletes who sustain a second concussion before the symptoms of the first concussion have resolved and the brain has had a chance to heal are at risk for prolonged concussion symptoms, permanent disability and even death (called "Second Impact Syndrome" where the brain swells uncontrollably). There is also evidence that multiple concussions can lead to long-term symptoms, including early dementia.

**What do I do if I suspect my child has suffered a concussion?**

Any athlete suspected of suffering a concussion should be removed from the activity immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without written medical clearance from an appropriate health-care professional (AHCP). In Florida, an appropriate health-care professional (AHCP) is defined as either a licensed physician (MD, as per Chapter 458, Florida Statutes), a licensed osteopathic physician (DO, as per Chapter 459, Florida Statutes). Close observation of the athlete should continue for several hours. You should also seek medical care and inform your child's coach if you think that your child may have a concussion. Remember, it's better to miss one game than to have your life changed forever. When in doubt, sit them out.

**When can my child return to play or practice?**

Following physician evaluation, the **return to activity process** requires the athlete to be completely symptom free, after which time they would complete a step-wise protocol under the supervision of a licensed athletic trainer, coach or medical professional and then, receive written medical clearance of an AHCP.

For current and up-to-date information on concussions, visit <http://www.cdc.gov/concussioninyouthsports/> or <http://www.seeingstarsfoundation.org>

**Statement of Student Athlete Responsibility**

**I accept responsibility for reporting all injuries and illnesses to my parents, team doctor, athletic trainer, or coaches associated with my sport including any signs and symptoms of CONCUSSION. I have read and understand the above information on concussion. I will inform the supervising coach, athletic trainer or team physician immediately if I experience any of these symptoms or witness a teammate with these symptoms. Furthermore, I have been advised of the dangers of participation for myself and that of my child/ward.**

Student Athlete Name (Print) \_\_\_\_\_ Student No. \_\_\_\_\_

Student Athlete Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian Name (Print) \_\_\_\_\_ Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

**MIDDLE SCHOOL STUDENTS CONSENT AND RELEASE FROM LIABILITY CERTIFICATE FOR  
CONCUSSION AND HEAT-RELATED ILLNESS**

**Heat-Related Illnesses Information**

People suffer heat-related illness when their bodies cannot properly cool themselves by sweating. Sweating is the body's natural air conditioning, but when a person's body temperature rises rapidly, sweating just isn't enough. Heat-related illnesses can be serious and life threatening. Very high body temperatures may damage the brain or other vital organs, and can cause disability and even death. Heat-related illnesses and deaths are preventable.

**Heat Stroke** is the most serious heat-related illness. It happens when the body's temperature rises quickly and the body cannot cool down. Heat Stroke can cause permanent disability and death.

**Heat Exhaustion** is a milder type of heat-related illness. It usually develops after a number of days in high temperature weather and not drinking enough fluids.

**Heat Cramps** usually affect people who sweat a lot during demanding activity. Sweating reduces the body's salt and moisture and can cause painful cramps, usually in the abdomen, arms, or legs. Heat cramps may also be a symptom of heat exhaustion.

**Who's at Risk?**

Those at highest risk include the elderly, the very young, people with mental illness and people with chronic diseases. However, even young and healthy individuals can succumb to heat if they participate in demanding physical activities during hot weather. Other conditions that can increase your risk for heat-related illness include obesity, fever, dehydration, poor circulation, sunburn, and prescription drug or alcohol use.

By signing this agreement, the undersigned acknowledges that the information on page 1 and page 2 have been read and understood.

\_\_\_\_\_  
Student Athlete Name (Print)

\_\_\_\_\_  
Student Athlete Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian Name (Print)

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

THE SCHOOL BOARD OF SARASOTA COUNTY, FLORIDA  
1960 LANDINGS BOULEVARD, SARASOTA, FL 34231  
PHONE (941) 927-9000

**PARENT/GUARDIAN RELEASE AND HOLD HARMLESS AGREEMENT FOR  
HIGH SCHOOL STUDENT ATHLETIC PARTICIPATION**

**Instructions:** This form must be notarized and returned to the Head Coach/Athletic Director's Office with the Athletic Packet. If you have questions pertaining to this form, contact your child's school.

Student Name (Print) \_\_\_\_\_ Student No. \_\_\_\_\_ DOB \_\_\_\_\_

School Name \_\_\_\_\_ School Year \_\_\_\_\_

Name of sport/activity this agreement governs \_\_\_\_\_

Parent/Guardian Home Address \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

I/We fully understand that playing or practicing to play interscholastic sports may be hazardous and poses a risk of injury, including but not limited to, sprains, strains, contusions, abrasions, broken bones and in extreme cases, paralysis or death. Due to the potential hazards associated with interscholastic sports, I/we recognize the importance of following the instructions of coaches and trainers, regarding playing techniques, training and other rules associated with this sport/activity.

I/We understand that it is the responsibility of the parents/guardians to provide proof of medical insurance coverage prior to participating in any phase of this sport/activity.

Yes I/we will be purchasing the student accident insurance made available through the Sarasota School District.

No I/we have comprehensive medical insurance that covers this student for any expenses he/she may incur as the result of a sports injury.

Insurance Company Name \_\_\_\_\_

Policy No. \_\_\_\_\_ Effective Dates \_\_\_\_\_

This agreement is entered into voluntarily and is made with the understanding that I/we have not violated any of the eligibility rules and regulations of the Florida High School Athletic Association (FHSAA) and/or the Sarasota School District. I/we give my/our consent for my/our student/child/ward to engage in FHSAA and Sarasota School District approved athletic activities as a representative of the student's school. I/we give my/our consent for him/her to accompany the team on out of town/county trips.

In consideration of The School Board of Sarasota County, Florida, permitting my/our student/child/ward to engage in interscholastic sports, I/we agree to release and hold harmless The School Board of Sarasota County, Florida, and its employees and agents from and against all claims, judgments, cost, expenses, attorney fees, including but not limited to, claims occurring from the negligence of The School Board of Sarasota County, Florida, its employees, and agents arising out of bodily injuries or property damage resulting from participation in interscholastic sports.

I/We acknowledge that I/we have read this agreement and fully understand its meaning, and that I/we will abide by all terms and conditions associated with this sport/activity and in this agreement.

Parent/Guardian Name (Print) \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian Name (Print) \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Student Signature \_\_\_\_\_ Date \_\_\_\_\_

STATE OF FLORIDA, SARASOTA COUNTY

Sworn to (or affirmed) and subscribed before me by means of  physical presence or  online notarization, this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_\_, by \_\_\_\_\_ who is

Personally Known  Produced Identification Type of Identification Produced \_\_\_\_\_

(Seal)

\_\_\_\_\_  
Typed or Printed Name of Notary Public

\_\_\_\_\_  
Signature of Notary Public

My Commission Expires \_\_\_\_\_ Commission No. \_\_\_\_\_

THE SCHOOL BOARD OF SARASOTA COUNTY, FLORIDA  
1960 LANDINGS BOULEVARD, SARASOTA, FL 34231  
PHONE (941) 927-9000

**RELEASE FOR OUT-OF-COUNTY OR OVERNIGHT TRAVEL FOR ATHLETICS AND FIELD TRIPS**

**Instructions:** Form must be signed and notarized and returned to child's school. If you have questions pertaining to this form, contact your child's school.

Student Name (Print) \_\_\_\_\_ Student No. \_\_\_\_\_ DOB \_\_\_\_\_  
Address \_\_\_\_\_ School Year \_\_\_\_\_  
Home Phone \_\_\_\_\_ Parent/Guardian Work Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_  
Other Emergency Contact Name \_\_\_\_\_ Phone \_\_\_\_\_  
Medical Insurance Carrier \_\_\_\_\_ Policy Group No. \_\_\_\_\_

This application to travel and participate in activities or events sponsored by the Sarasota County Schools is entirely voluntary on our part and is made with the understanding that we have not violated any of the eligibility rules and regulations of the Florida High School Athletic Association or the Sarasota County Schools. It is also agreed that we will abide by all the rules set down by the School Board of Sarasota County, the Florida High School Athletic Association, and the school.

The School Board of Sarasota County, its school principals and teachers, desire that students and parents or guardians of students have a thorough understanding of the implications involved in a student participating in a voluntary extracurricular activity or curricular field trips. For this reason, it is required that each student in the Sarasota County Schools, his/her parent, parents, or guardian, read, understand, and sign this agreement prior to the student being allowed to participate in any out-of-county or overnight school trip.

1. I/We, the undersigned, as parent, parents or guardians, give my/our consent for the student identified herein to participate in out-of-county or overnight travel as a representative of his/her school.
2. I/We, will not hold the School Board of Sarasota County, anyone acting in its behalf, or the Florida High School Athletic Association responsible or liable for any injury occurring to the named student in the course of such activities or such travel. I/We release the School Board of Sarasota County, its employees, and agents from all claims, including any claims, costs or damages arising from the negligence of the School Board of Sarasota County, its agents, or employees.
3. I/We understand that school officials will complete accident insurance forms, if the student has school insurance, after which all claims under insurance policy, or policies, for injuries received while participating in school events, shall be processed by the student, his/her parent, parents, or guardian through the company agent handling the student's insurance policy, and not through the school officials.
4. I/We hereby accept financial responsibility for equipment or instruments lost by the student identified herein.
5. I/We authorize the school to transport and to obtain, through a physician of its own choice, any emergency medical care that may become reasonably necessary for the student in the course of such activities or such travel. I/We also agree that the expenses for such transportation and treatment shall not be borne by the school district or its employees.
6. I/We accept full responsibility and hereby grant permission for my/our son/daughter to travel on any approved school related trip. **This statement remains in effect until the end of this school year unless cancelled by me in writing to the school.**

Student Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian Name (Print) \_\_\_\_\_ Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

State of Florida  
County of Sarasota

Sworn to (or affirmed) and subscribed before me by means of  physical presence  online notarization, this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_ by \_\_\_\_\_ (Name of Person Making Statement)

The foregoing instrument was acknowledged by \_\_\_\_\_ who is \_\_\_\_\_ personally know to me, or \_\_\_\_\_ produced Identification/Type of Identification \_\_\_\_\_

Notary Public Signature \_\_\_\_\_ Name of Notary Public: Print, Stamp, or Type as Commissioned \_\_\_\_\_

My Commission Expires \_\_\_\_\_ Commission Number \_\_\_\_\_

THE SCHOOL BOARD OF SARASOTA COUNTY, FLORIDA  
RISK MANAGEMENT  
1960 LANDINGS BOULEVARD, SARASOTA, FL 34231  
PHONE (941) 927-9000

**PRIVATE VEHICLE TRANSPORTATION PERMISSION**

**Instructions:** The School Board will not be providing bus transportation for certain field trips/athletic events during the school year. Instead, the school may try to arrange alternate transportation using private vehicles driven by parents or other adults. If you agree to allow your student to be driven to/from field trips/athletic events in a private passenger vehicle, complete this form, have it notarized and return it to the school. This form must be signed and returned to the school before your student will be allowed to be transported to any field trip/athletic event in a private passenger vehicle.

I, \_\_\_\_\_ give my permission for  
Parent/Guardian Name (Print)

\_\_\_\_\_ to be transported to/from field trips/athletic  
Student Name (Print)

events in a private passenger vehicle during the 20\_\_\_\_ 20\_\_\_\_ school year. The phone number(s) where I can be reached during this school year is(are) \_\_\_\_\_

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

State of Florida  
County of Sarasota

Sworn to (or affirmed) and subscribed before me by means of  physical presence or  online notarization, this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_ by \_\_\_\_\_  
(Name of Person Making Statement)

The foregoing instrument was acknowledged by \_\_\_\_\_ who is:  
\_\_\_\_\_ Personally known to me, or  
\_\_\_\_\_ Produced identification consisting of \_\_\_\_\_

Notary Public Signature \_\_\_\_\_  
Name of Notary Public (print, stamp, or type as commissioned) \_\_\_\_\_

My Commission Expires \_\_\_\_\_ Commission Number \_\_\_\_\_

RET: Master, ESY, GS7 37  
Dupl., OSA

THE SCHOOL BOARD OF SARASOTA COUNTY, FLORIDA  
1960 LANDINGS BOULEVARD, SARASOTA, FL 34231  
PHONE (941) 927-9000

**ACKNOWLEDGEMENT OF STANDARDS FOR PARTICIPATION  
IN MIDDLE SCHOOL ATHLETIC ACTIVITIES**

**Instructions:** This form must be signed and returned to the Head Coach/Athletic Director's Office. This form should be filed in the Athletic Director's office. If you have questions pertaining to this form, contact the Athletic Director of your child's school.

Student athletes and parent(s)/guardian(s) must comply with the following standards for athletes and cheerleaders representing The School Board of Sarasota County, Florida. These standards apply to all cheerleading and athletic activities. The School Board of Sarasota County, Florida, maintains high expectations for academic achievement and appropriate behavior. All students must comply with the Sarasota County School District Code of Student Conduct and all school-specific behavior expectations.

To be eligible to play or to participate in either a practice or an event/game, a student must

1. meet all eligibility requirements as set by The School Board of Sarasota County, Florida. Included in the rules is the expectation that student athletes maintain a minimum 2.0 cumulative GPA.
2. be present in school for at least one-half (1/2) of the academic day unless excused by an administrator and approved by the Athletic Director.
3. attend required practices prior to an event or game unless excused by a coach, trainer, teacher, or administrator.
4. not have left another sport during that season.

These are the minimum expectations set by the Athletic Department. A Coach/Principal may add additional rules to those listed above that he/she feels are in the best interest of the program.

The following violations will result in immediate suspension from a team:

- The confirmed use of tobacco or alcohol\*
- The sale or use of any illegal drugs\*
- Being charged with a felony\* (Must be reviewed by the District)
- Failure to adhere to the attendance policy of The School Board of Sarasota County, Florida
- Failure to adhere to the discipline policy of The School Board of Sarasota County, Florida
- Any act of unsportsmanlike conduct at practice or game/event
- Any act that brings embarrassment to the school
- Falsifying information to gain school residency

\*Automatic suspension for the remainder of the season

By signing below, you acknowledge the rules and responsibilities as specified above.

Student Name (Print) \_\_\_\_\_ Student No. \_\_\_\_\_ DOB \_\_\_\_\_

Student Signature \_\_\_\_\_ Date \_\_\_\_\_

School Name \_\_\_\_\_

Parent/Guardian Name (Print) \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

THE SCHOOL BOARD OF SARASOTA COUNTY, FLORIDA  
1960 LANDINGS BOULEVARD, SARASOTA, FL 34231  
PHONE (941) 927-9000

**AUTHORIZATION TO RELEASE MEDICAL INFORMATION FOR ATHLETICS**

**Instructions:** This form is required to allow Athletic Trainers from Agility Physical Therapy & Sports Performance, LLC. to release protected medical information for student athletes to The School Board of Sarasota County, Florida, coaching staff. This form must be returned to the Head Coach or Athletic Secretary. The original will be given to the Athletic Trainer and a copy will be maintained in the Athletic Director's office. This authorization is not valid unless signed and dated by the athlete or legally authorized representative. If you have questions pertaining to this form, contact the Athletic Director of your child's school.

In accordance with the Health Insurance Portability and Accountability Act (HIPAA) of 1996, Agility Physical Therapy & Sports Performance, LLC., is required to provide the patient, the patient's parent, or legally authorized representative with the Notice of Privacy Practices describing how they use and disclose patient health information. If you have not received a copy of the Notice of Privacy Practices, it is available through the Athletic Trainer at your High School.

**Authorization of Disclosure**

Student Name (Print) \_\_\_\_\_ Student No. \_\_\_\_\_ DOB \_\_\_\_\_  
Last First Middle

I authorize Agility Physical Therapy & Sports Performance, LLC. to release/disclose the following protected health information from my student athlete records including information regarding my medical condition, injuries, prognosis, diagnosis, athletic participation status, treatment and care information, and related personal identifiable health information. I certify that this authorization has been made voluntarily. This information is to be released/disclosed to the Athletic Director, Team Physician, School Health Professional, or coaching staff for The School Board of Sarasota County, Florida, for the purposes of my care as a student athlete.

**Possibility of Re-disclosure**

I understand that any information provided under this release may be subject to re-disclosure by the recipient under circumstances no longer protected by state and federal regulations.

**Expiration and Revocation**

I understand that this authorization is valid for 14 months from the date I sign it. I understand that I have the right to revoke this authorization in writing at any time. The revocation will take effect on the day it is received except to the extent it has already been acted upon.

**Conditions of Treatment**

I understand that Agility Physical Therapy and Sports Performance cannot condition my treatment upon my signing this authorization.

Acknowledgement of receipt of Notice of Privacy Practices (initial) \_\_\_\_\_

Student Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian Name (Print) \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

\*Legally Authorized Representative Name (Print) \_\_\_\_\_

Legally Authorized Representative Signature \_\_\_\_\_ Date \_\_\_\_\_

\*If other than student athlete signing, state relationship \_\_\_\_\_

THE SCHOOL BOARD OF SARASOTA COUNTY, FLORIDA  
1960 LANDINGS BOULEVARD, SARASOTA, FL 34231  
PHONE (941) 927-9000

**EMERGENCY MEDICAL/TREATMENT CONSENT FOR FIELD TRIPS AND/OR OTHER AFTER SCHOOL ACTIVITIES**

**Instructions:** Return completed form to your child's school. If you have questions pertaining to this form, contact your child's school.

Student Name \_\_\_\_\_ Date \_\_\_\_\_  
Last First Middle

DOB \_\_\_\_\_ Student No. \_\_\_\_\_

Home Address \_\_\_\_\_  
Street City State Zip

Parent/Guardian Name (Print) \_\_\_\_\_ Relationship \_\_\_\_\_

Address of above (if different) \_\_\_\_\_  
Street City State Zip

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

List a person other than the parent or guardian who could be contacted in case of emergency below:

Emergency Contact Name (Print) \_\_\_\_\_ Phone \_\_\_\_\_

Is above student allergic to foods, medications, or insects?  Yes  No

If Yes, list what they are and emergency medication/treatment, if any. \_\_\_\_\_

Does the above student have any chronic medical problems (such as asthma, diabetes, seizures)?  Yes  No

If Yes, list and describe medical requirements for field trip \_\_\_\_\_

Does the above student take any daily medication(s)?  Yes  No

If Yes, complete the medication treatment authorization form (if not previously on file in the school Health Room) and list the medication(s) and time to be administered \_\_\_\_\_

Family Physician Name (Print) \_\_\_\_\_ Physician Phone \_\_\_\_\_

In case of non-life threatening emergency, list hospital preference \_\_\_\_\_

In case of serious illness or injury where immediate care is needed, the school or its representative has my permission to contact the appropriate emergency medical service. The emergency medical service has my consent to provide necessary treatment or transportation for my child. I then request that I be notified of the situation. The undersigned will be responsible for emergency treatment cost.

In the case of an accident or illness where immediate treatment of my child is not indicated, but where (s)he is unable to remain at the field trip, I request that the school contact me or my designee to arrange transportation for my child. If the school is unable to contact me, I request that the other person listed on this form be contacted and requested to care for my child.

**I understand that I must notify the school in writing if there are any changes in this health emergency information. I understand that this statement remains in effect until the end of this school year unless revised or cancelled by me in writing to the school.**

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_